

Home Sleep Test Patient Instructions

Type III Device: RESMED *Apnealink™* Air

Important!

Sleep with this test kit
the night you receive
the device and return
the following day.

*Return Test Kit
Immediately After Testing.*

Testing Questions of Concerns?

Contact our 24/7 On-Call Support

Phone: (352) 293-2810

Instructional Video: dynamicdiagnostic.com/patient-info

Email: tech@dynamicdiagnostic.com

*Email communication is not a secure method to relay health information



Patient Information



Important Information

Please read all the paperwork carefully and sign the required paperwork, if applicable.

It is important that you complete the test the night you receive the device. If you cannot, please call our office immediately or you may be charged a \$25 dollar/day late charge.

Since you have consented to receive this testing device for the sleep apnea test, if the device is returned and the test has not been completed, there is a \$150 restocking fee.

When in doubt, please contact our office so we can discuss any questions or concerns.

24/7 On-call Support: (352) 293-2810
Office Hours: Monday – Friday 9:00 AM EST – 5:00 PM EST

www.dynamicdiagnostic.com

ADSI Corporate
6125 Sherwin Drive
Port Richey, FL 34668
Phone: (352) 293-2810



ADSI – IDTF West
1900 S Norfolk Street, # 350
San Mateo, CA 94403
Phone: (877) 566-7815

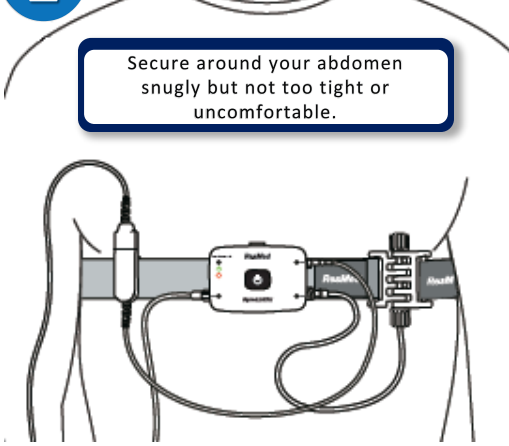
Getting Started with the ApneaLink™ Air Home Sleep Test

This Home Sleep Test has been ordered by your physician to determine the severity of your suspected sleep apnea and, if any, the need for sleep therapy products such as CPAP or BiPAP. This test has already been assembled and is ready for you to use. Please follow these instructions to wear the device around your chest/abdomen for a minimum of four hours.

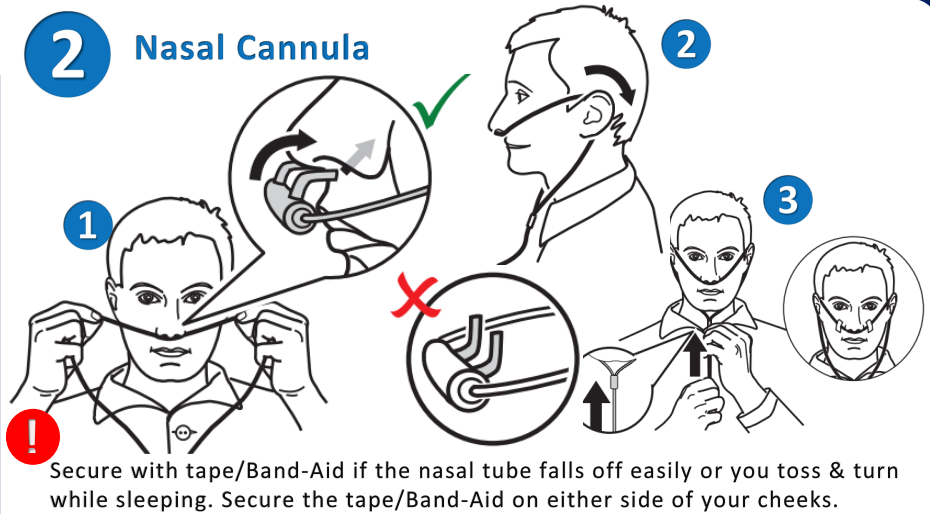
Note: Wear the ApneaLink™ Air device & belt over pajamas or a shirt with long sleeves to avoid any discomfort from the elastic Velcro belt. Do not wear the device in the shower or around liquids as this may cause electric shock.

1 Device Placement

Secure around your abdomen snugly but not too tight or uncomfortable.

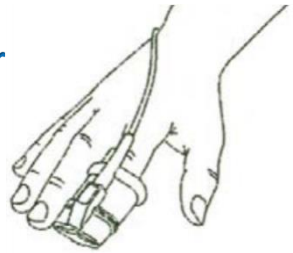


2 Nasal Cannula

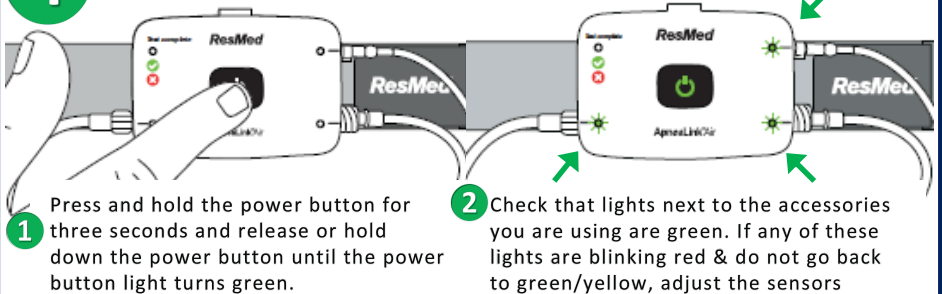


3 Sensor

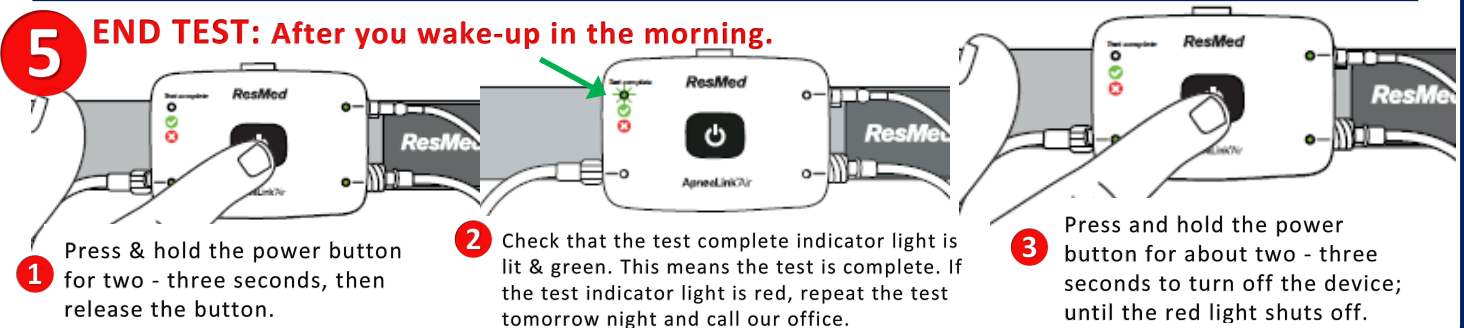
Secure with tape/Band-Aid if the probe falls off easily or you toss & turn while sleeping.



4 Start Test & Go to Sleep for at least 4 hours.



5 END TEST: After you wake-up in the morning.



The green light is not coming on?

A: We use brand new batteries so this should not happen. If it does please contact support in the AM or try replacing the batteries on the back of the device.

The nasal tube/sensor won't stay?

A: Simply use tape or a Band-Aid to secure either the nasal cannula (nose tube) or finger probe to your skin. Be careful of what is used for sensitive skin.

Sensor becomes uncomfortable?

A: Try to keep it on your index finger when switching hands but if you have to switch fingers use the closest to your index finger on either hand.

Should I keep the device on if I get up?

A: Yes, do not turn the unit off unless you are done testing & have at least four hours of recorded time. If not waking up, simply remove the sensor & place the sensor back on once you are ready to lie down.

If the light is off, the finger probe or nasal cannula has fallen off?

A: In any instance contact our office during normal business hours to notify us of this situation. We will let you test another night. When retesting, secure the nasal cannula & finger probe with tape/Band-Aid that will not irritate your skin. The device will show green/yellow lights where the connections are to show good readings. Do not be alarmed if the lights blink red as the device is attempting to acquire a signal.

After the Test



Dispose of Nasal Cannula

Unscrew the nasal cannula, nose tube, and throw away in the garbage. Do not mail this item back as it is per patient use and is meant to be disposed of after a successful test.



Sign Paperwork

Make sure to read, fill out and sign all the paperwork that was included in the package. Failure to do so may result in longer than normal processing time of your test results.



Returning the Device

The morning after your test, place everything back into the prepaid USPS envelope and place in your mailbox or drop off at your nearest USPS location. Failure to return the device the next morning will result in a \$25 per day late charge.

